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BACKGROUND

This study evaluates the impact of an iPDM (integrated personalized diabetes management) on blood glucose (BG) control. This study evaluates the impact of an iPDM (integrated personalized diabetes management) on blood glucose (BG) control. This study evaluates the impact of an iPDM (integrated personalized diabetes management) on blood glucose (BG) control.

METHODS

- Participants were using an iPDM consisting of the Accu-Chek® Active BG monitor with the Wellthy Care™ digital therapeutic.
- Wellthy Care™ (WC) is a digital therapeutic that delivers an artificial intelligence (AI) augmented disease management program for people with diabetes.
- Participants who had a minimum BG logging frequency of ≥ 2 BG logs/wk for ≥ 4 months
- We analyzed average BG (ABG), Fasting BG (FBG), and Post-meal BG (PBG), at baseline (BG logged 1-3 days from the start of the program), month 1 (M1), and month 4 (M4), and change in estimated HbA1C (eA1C) based on ABG

RESULTS



282

Participants



75.9

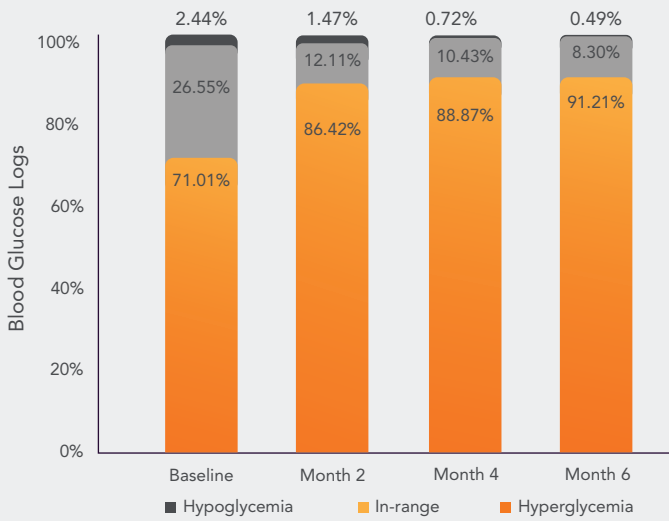
Avg. Active days
per participants



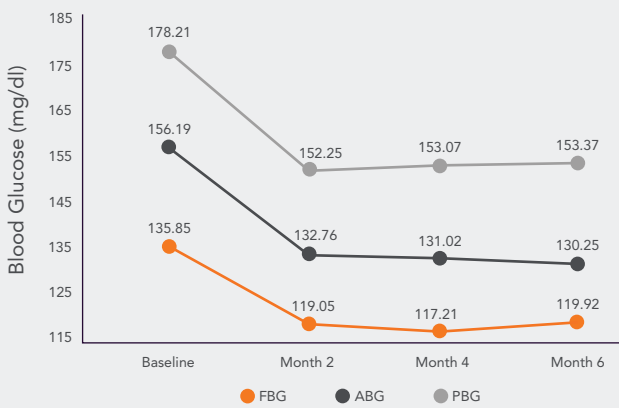
73

Avg. No. of BG logs
per participants

Distribution of Blood Sugar Logs



Change in Blood Glucose (BG)



Change in Blood Glucose Variability



CONCLUSION

This study shows that an iPDM using SMBG and WDTx can be an effective and affordable tool for improving glycemic control and reducing hypoglycemia events in resource limited countries like India.